

Pen's courage to CHANGE

one of the **biggest** motorcycle fundraising rides Australia will ever see

Hi, my name is Penny Holyoak. In March 2009 my life would change forever. In one moment, I faced my mortality by receiving the devastating news that I had advanced bowel cancer. They say your life flashes before your eyes and indeed it did and that life was filled with abuse and depression. Seeking guidance I participated in programs run by the Quest for Life Foundation, a not-for-profit charity offering inspiration, education and support to people living with life's greatest challenges.

Through these programs I found a sense of peace, hope and understanding within my life. I realised I wanted to give other people hope, the courage to overcome adversity. During my first rounds of chemo, I decided I wanted to raise awareness, to get my story out there, so that people going through those same challenges realised there was hope and what better way than through my passion, my riding. And so was born the Courage to Change, a ride that traverses every corner of Australia to send the message loud and clear.

Ride with us & support the Quest for Life Foundation.
For more information contact us on:

+61 412 045 115

PO Box 315 Ormond, Vic 3204

pen@pencouragetochange.com.au

date: Saturday 27th Feb 2010 **time:** 12 noon departure

departure location: Harley Heaven, A'Beckett St. Melbourne

REGISTRATION FEE IS A DONATION IN THE AMOUNT OF YOUR CHOICE.

